

HERMANOS
AESTHETICS

YOU DON'T HAVE TO KNOW EVERYTHING,
JUST WHERE TO GO.

HAIR GROWTH SUPPORT





SPECIALIST-DRIVEN TREATMENTS TO SUPPORT THICKER, HEALTHIER HAIR.

Hair loss affects most men at some stage in their lives. For some, it starts in their 20s, while for others it shows up much later. The good news? You're not alone - and there are **effective ways to slow it down, improve growth, and strengthen what you have.**

PRICELIST

PRP Therapy (Doctor)

R4 000

Targeted injections performed by the doctor, delivering platelet-rich plasma directly into areas of thinning such as the crown or hairline.

PRP Therapy (Aesthetician - Vital Injector Gun)

R3 500

Even, consistent scalp coverage using the Vital Injector gun. Comfortable, fast, and effective for total scalp stimulation.

Premium PRP Therapy Combo

R7 000

The ultimate PRP experience: Doctor-led injections in problem zones, followed by full Vital Injector saturation with the aesthetician .

Exosome Hair Therapy

R5 500

Exosomes carry multiple complex signals that repair follicles and stimulate growth. Considered a next-generation boost, they're delivered with the Vital Injector gun for precise, even coverage across the scalp.

Dutasteride Microneedling for Scalp

R2 250

A mix of dutasteride, biotin and peptides delivered via microneedling to strengthen follicles, reduce shedding, and support healthy growth.

The 6-Month Hair Growth Journey

R25 000

A six-month journey using a combination of therapies for maximum follicle stimulation and scalp health.

Supporting Therapies

Hair DNA Analysis (TrichoTest)

R4 500

This is a DNA-based hair loss assessment that helps identify which treatment categories are best suited to your genetic profile - so you don't have to guess.

Dermalux Light Therapy

R650

A supportive LED treatment that's most effective as an add-on to other treatments, helping boost circulation and keep follicles active.

TREATMENT BREAK DOWN

HAIR GROWTH SUPPORT

PRP THERAPY WITH DOCTOR

R4 000

What it is:

A doctor-performed treatment using your own platelet-rich plasma (PRP), extracted from a small blood draw and injected directly into thinning or receding areas.

Why it works:

PRP contains natural growth factors that stimulate dormant follicles, improve scalp circulation, and strengthen existing hair. It's one of the most trusted, medically backed solutions for men's hair loss.

Best for:

- Receding hairline or crown
- Men wanting precise, targeted regrowth support
- Anyone seeking a natural, non-surgical solution
- Optimising scalp and follicle health before a hair transplant
- Maintaining and strengthening results after a transplant

What to expect:

- Blood draw and PRP preparation (15 mins)
- Doctor-led injections (40 mins)
- Mild tenderness for 24–48 hours, no downtime
- Recommended every 4–6 weeks for best results; recommended minimum of 4 treatments for best results.

PRP THERAPY WITH AESTHETICIAN

R3 500

What it is:

Full-scalp PRP coverage delivered via the Vital Injector gun - a medical mesotherapy device that uses precise dosing and depth to evenly deliver PRP across the scalp.

Why it works:

The device ensures consistent placement at the right depth, stimulating every follicle with minimal discomfort.

Best for:

- Diffuse thinning across the scalp
- Men wanting overall scalp health support
- Quick, comfortable sessions

What to expect:

- Blood draw by a doctor or nurse, followed by PRP preparation (15 mins)
- Numbing cream is applied for comfort
- Device-assisted injections with the therapist (30 mins)
- No downtime; scalp may feel tight or sensitive for a day
- Recommended minimum of 3 - 4 treatments for best results.

MAXIMUM DEPTH. FULL COVERAGE. ONE POWERHOUSE PRP SESSION.

PREMIUM PRP THERAPY

PREMIUM PRP THERAPY COMBO

R7 000

What it is:

A high-intensity PRP session combining two techniques: a doctor-performed procedure targeting the dermal layers with deep, precise injections, and a therapist-performed session using the Vital Injector gun to deliver PRP into the superficial epidermal layer. This dual approach ensures both targeted stimulation of thinning areas and even saturation of the entire scalp for maximum impact.

Why it works:

- Doctor injections: Precise, deep delivery into the dermal layer where follicles are anchored - ideal for stubborn or advanced thinning zones.
- Vital Injector: Quick, consistent superficial placement over the entire scalp, ensuring every follicle gets stimulation.
- The benefit: A single session that gives both maximum depth and full coverage, so you get more complete activation of your hair growth potential.

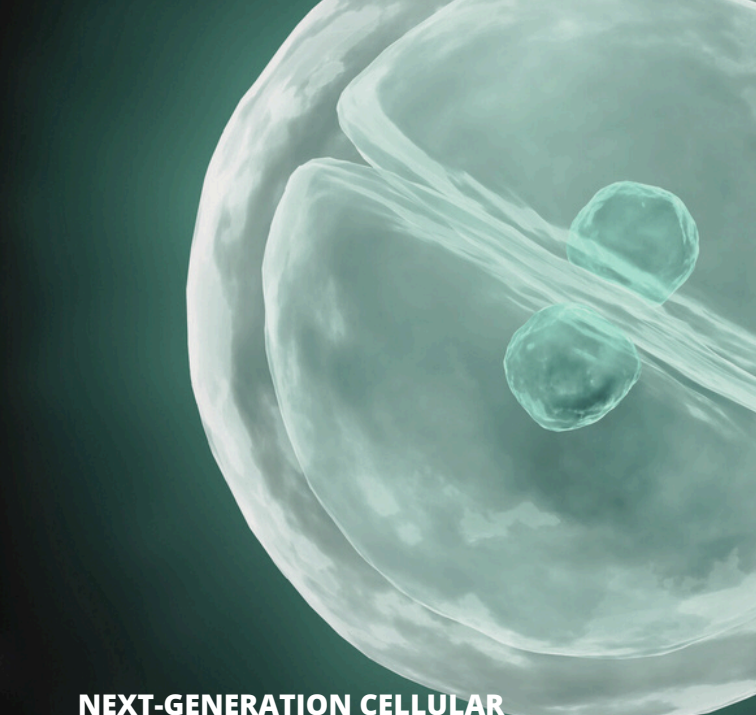
Best for:

- Men with noticeable thinning or multiple concern areas
- Clients wanting the most comprehensive PRP treatment available
- An initial treatment into the hair restoration journey

What to expect:

- Blood draw, PRP prep, and dual-method treatment (60 - 75 mins)
- Mild sensitivity for 1-2 days





NEXT-GENERATION CELLULAR THERAPY FOR STRONGER, THICKER HAIR.

EXOSOME HAIR THERAPY

R5 500

What it is:

An advanced regenerative hair growth treatment that delivers exosomes - powerful cellular messengers that repair follicles, stimulate dormant cells and drive visible regrowth - directly into the scalp. This therapy is designed to actively stimulate new growth, strengthen existing hair, and optimise scalp health.

Why it works:

Exosomes carry hundreds of complex repair and growth signals, far beyond the growth factors in PRP alone. While PRP uses your own blood's natural healing components, exosomes provide an advanced network of signals to repair tissue, reduce inflammation, and create the ideal environment for healthy hair growth.

Best for:

- Men wanting advanced regenerative treatment
- Early-to-moderate thinning
- Those looking to boost results beyond PRP
- Those preparing their scalp for or maintaining results after a hair transplant

What to expect:

- Device-assisted application (40–50 minutes)
- Mild redness or sensitivity for a day
- No downtime; results build over several months as follicles respond to the ongoing repair process. For optimal results, a minimum of 3 - 6 treatments is recommended.

THE SIX-MONTH ROADMAP

STRUCTURED. TARGETED. DESIGNED TO DELIVER.

THE 6-MONTH HAIR GROWTH JOURNEY

R25 000

What it is:

A structured, high-impact program designed to give your hair the best possible chance at thicker, healthier growth. This plan layers our most effective treatments over six months, timed to your body's natural hair cycle, to wake up dormant follicles and strengthen your scalp environment.

Why it works:

Hair growth takes time and consistency. By combining multiple techniques - PRP, exosomes, and supportive therapies like light therapy - we target every factor that contributes to thinning, from follicle stimulation to scalp health, ensuring you get the strongest possible outcome.

What is included:

MONTH 1 / KICKSTART

Premium PRP Therapy Combo
+ Dermalux Light Therapy

MONTH 2 / REGENERATE

Exosome
Therapy

MONTH 3 / TARGET

PRP with Doctor +
Dermalux Light Therapy

MONTH 4 / MAINTAIN

PRP with Vital
Injector

MONTH 5 / STRENGTHEN

PRP with Vital
Injector

MONTH 6 / CONSOLIDATE

PRP with Vital Injector +
Dermalux Light Therapy

Best for:

- Men wanting a comprehensive, doctor-led plan to address thinning and shedding
- Those not ready for or wanting to delay a hair transplant, but serious about improving scalp health + growth
- Anyone committed to six months of consistent treatments for visible, measurable results
- The ideal pre-procedure plan for achieving the best hair transplant results



HAIR DNA ANALYSIS (TRICHOTEST)

R4 500

What it is:

A one-time genetic test that analyses 48 genetic markers linked to hair loss and treatment response. Using a simple cheek swab, this test examines how your body metabolises and responds to commonly prescribed treatments like **finasteride**, **minoxidil**, and other active ingredients, as well as factors like inflammation, circulation, vitamin deficiencies, and hormonal sensitivity.

Why it works:

Hair loss is complex and influenced by genetics. Instead of relying on trial-and-error, TrichoTest identifies the most effective treatment pathways for your unique biology. This helps us build a precision treatment plan that saves time, avoids unnecessary medications, and increases your chances of success.

Best for:

- Men considering or already using medication for hair loss
- Those frustrated with generic, "one-size-fits-all" approaches
- Clients committed to long-term hair management and wanting data-driven recommendations

Includes:

- Full genetic analysis and personalised treatment report
- A doctor consultation once your results are ready, to review your report in detail and create a tailored treatment plan.

Turnaround time:

- 6–8 weeks for full analysis and personalised treatment report.

SCAN TO BOOK



SHOP 1, 65 MAIN ROAD
GREEN POINT

021 433 0128
060 723 5626 (WHATSAPP)

Monday CLOSED
Tues-Fri 9am–6:00pm
Sat 9:00am–4:00pm
Sun CLOSED
Public Holidays CLOSED

www.hermanosaesthetics.co.za